



Please clearly label the paper bag.

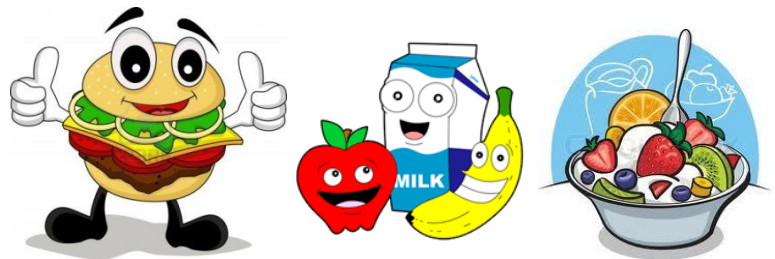
- School
 - Name of student
 - Class and Year Level
 - Lunch order
- Provide a 2nd Preference when ordering sushi

SANDWICH BAR *Build your own lunch* 😊

(please note all sandwiches prepared will be refrigerated)

Step 1: Choose Bread	<input type="checkbox"/> Sandwich- White / Wholemeal	<input type="checkbox"/> Foccacia	<input type="checkbox"/> Wrap
Step 2: Choose Fillings	<input type="checkbox"/> Vegemite <input type="checkbox"/> Cheese <input type="checkbox"/> Ham <input type="checkbox"/> Egg <input type="checkbox"/> Tuna		\$ 3.50 each
	<input type="checkbox"/> Salmon <input type="checkbox"/> Salad <input type="checkbox"/> Chicken <input type="checkbox"/> Grilled Chicken Schnitzel		\$ 5.00 each
Step 3: Additional Ingredients	<input type="checkbox"/> Margarine <input type="checkbox"/> Cream cheese <input type="checkbox"/> Mayonnaise <input type="checkbox"/> Sweet Chilli Sauce		\$ 0.20 each
	<input type="checkbox"/> CHEESE <input type="checkbox"/> CARROT <input type="checkbox"/> BEETROOT <input type="checkbox"/> TOMATO <input type="checkbox"/> CUCUMBER <input type="checkbox"/> LETTUCE		\$0.50 each
	<input type="checkbox"/> SPINACH <input type="checkbox"/> AVOCADO		\$1.00 each
	Total=		\$
Step 4: Finish			

Example 1:	Salad Sandwich with butter (5.00+0.20)	\$5.20
Example 2:	Ham foccacia with mayonnaise, basic Salad and cheese (3.5+2.5+0.5)	\$6.50



Quick Pick

<input type="checkbox"/> Grilled Chicken Schnitzel WRAP- (tomato, lettuce, mayonnaise)	\$6.00
<input type="checkbox"/> Grilled Chicken Schnitzel BURGER- (tomato, lettuce, mayonnaise)	\$6.00
<input type="checkbox"/> Cheese Burger (Beef, cheese, tomato sauce)	\$5.50
<input type="checkbox"/> Grilled Fish Burger- (Fish, Cheese, lettuce & tartare)	\$6.00
<input type="checkbox"/> Falafel Wrap (Falafel, tabouli, lettuce, pickles & tahini) Traditional	\$8.90

SUSHI BAR

Rice Paper Roll Pack of 3 pieces	<input type="checkbox"/> Chicken <input type="checkbox"/> Vegetarian	\$6.00
SUSHI HANDROLL - Pack of 2 sushi rolls	<input type="checkbox"/> Salmon <input type="checkbox"/> Avocado <input type="checkbox"/> Tuna <input type="checkbox"/> Chicken <input type="checkbox"/> Vegetarian	\$6.00

SNACKS

Low Fat Yogurts	<input type="checkbox"/> Plain <input type="checkbox"/> Strawberry <input type="checkbox"/> Mixed Berry	\$3.90
Low Fat Muffins-	Raspberry / Choc / Apple Cinnamon / Raspberry & White Choc	\$3.50
Fresh Fruit-	<input type="checkbox"/> Apple <input type="checkbox"/> Orange <input type="checkbox"/> Banana	\$1.50
	<input type="checkbox"/> Fresh Fruit Salad	\$4.90
	<input type="checkbox"/> Vegetable sticks (Cucumber, Carrot & Celery)	\$3.50
	<input type="checkbox"/> Hard Boiled Egg	\$1.00

HOT FOOD

	<input type="checkbox"/> Fried Rice- CONTAINS NO EGG	\$5.50
	<input type="checkbox"/> Stir Fry Noodles- CONTAINS NO EGG	\$5.50
Pasta Penne-	<input type="checkbox"/> Napoli (tomato base s/c) <input type="checkbox"/> Bolognese (tomato base s/c with beef mince)	\$5.50
Traditional Beef Lasagne-		\$5.50
<input type="checkbox"/> Roasted Chicken & potatoes		\$5.50
Homemade Sausage Rolls	<input type="checkbox"/> Beef & Veggie Roll (Halal) <input type="checkbox"/> Chicken, Mushroom & Leek Roll (Halal) Tomato Sauce .50c	\$4.50



Drinks

Milk- 300ml	<input type="checkbox"/> Plain	\$2.50
Bottled Water 500ml		\$2.50

East: (03) 9387-3361/ South: (03) 9380-1231/ Merri: (03) 9481-0177

